

# NEWSLETTER

## UPCOMING EVENTS

- Council Meetings Apr. 11th & 25th
- SWRWC Meeting Apr.12 @ 9:30am
- K-40 Fish Fry Apr.22 Legion Lounge @ 6:00pm  
Tickets Available Legion Lounge, Delmar's Pro
- Melita School Band Concert April.27th @ 7:00pm- Everyone Welcome



## COUNCILOR PROFILE RHONDA VERPLANCHE

Hello, everyone! My name is Rhonda Verplanche, I am a Councilor for the Town of Melita. I currently work as an Educational Assistant at Melita School.

I am married to Andy Verplanche who drives for Forsythe Hauling out of Pierson and we have an 18 year old daughter Reese, who is attending Systems Beauty College in Brandon to become a hairstylist. I served on Council for 2 years and then was reelected for another term. I have learned many things on council and have so much more to learn. We will work hard together as a team to continue to improve our community and help make Melita a better place to live and grow. Everything is a work in process!

If you have any questions or concerns please feel free to contact me as I would enjoy the opportunity to speak with you.

My portfolios are Finance & Personnel, Transportation Service & Infrastructure, and Recreation & Culture

Thank you!

Rhonda 204-522-0152  
Rhonda@melitamb.ca



## FEATURING:

- Upcoming Events
- Senior Services Activities
- Public Reminders
- Melita School
- Early Learning Centre

For the next couple of months, the Town of Melita Council & Staff will each be featured in the Town of Melita Newsletter, giving everyone a little "Getting to Know Me" write up.  
March features Office Clerk Bayleigh Thacker & Councilor Rhonda Verplanche

**PLEASE  
REMEMBER TO  
REGISTER YOUR  
DOGS @ THE  
TOWN OFFICE**



## STUDENTS WANTED

2023 Seasonal Green Team (May-August)

\*Pending Grant Approval\*

Applicants must:

- Hold a valid Driver's license
- Ages 16 – 29 years of age
- Capable to operate and maintain small equipment
- Prepared to work independently and in a team setting
- Organizational skills
- Returning to school in the fall of 2023.

Please submit applications in person, by mail, email or fax to:

Town of Melita  
79 Main St.  
Box 364, Melita, MB ROM 1L0  
admin@melitamb.ca  
FAX: (204) 522-3587  
Phone: (204) 522-3413

Deadline for Applications is May 5th, 2023



**NEXT DEADLINE: MAY 5TH 2023 @ 11AM**

Email : [admin@melitamb.ca](mailto:admin@melitamb.ca) OR [office@melitamb.ca](mailto:office@melitamb.ca)

## SENIOR SERVICES OF ANTLER RIVER

### April Activities

- Apr. 5 Movie: A Man Called Otto @ 2:00pm
- Apr.11th Exercises @ 2:00pm
- Apr.12th Blood Pressure 1:00pm-3:00pm
- Apr.13th SSAR Annual Meeting @ 6:30 pm
- Apr.14th Trivia @ 2:00pm
- Apr.18th Exercises @ 2:00pm
- Apr.21st Hangman @ 2:00pm
- Apr.25th Exercises @ 2:00pm
- Apr.26th Afternoon Tea @ 2:00pm-4:00pm
- Apr.28th Card Bingo @ 2:00pm



EMPLOYEE BAYLEIGH THACKER PROFILE

Hello everyone, my name is Bayleigh Thacker and I am the newest face around the office. I started with the Town in October as an office clerk and have been settling in nicely. I originally come from Killarney where I graduated high school in 2020, and then moved to Brandon for 2 years to take my Business Administration course at ACC where I graduated in June of 2022. I spent my last 2 summer working at Adam Lake Campground for Manitoba Parks. Outside of work you will see me heading to Brandon to be with friends, or spending time with my family. Melita has treated me very well so far, and look forward to meeting more people soon!

MACRAME PLANT  
HOLDER CLASS  
APRIL 20TH  
@7:00PM.  
**SRD**

Melita Early Learning Centre will be celebrating the Week of the ECE on April 24 to April 28. This is a time for us all to recognize the many valuable contributions that ECEs and CCAs make to our children and our community. We would like to recognize our staff Candice, Kiersten, Latisha, Ashliegh, Zoe, Alisha and Jamie for their many hours of hard work and dedication to our children and our centre



**ZONE 1**  
Apr 13th & 27th  
**Recycling**  
Apr.4th & 18th  
**ZONE 2**  
**Garbage**  
Apr.6th & 20th  
**Recycling**  
Apr.11 & 25th

Southwest RECREATION  
**Spring CRAFT SALE**  
SATURDAY, APRIL 15  
ENNS BROTHERS PLACE • MELITA, MB  
**11AM - 3PM**  
Admission by silver collection  
Lunch Served at the kitchen!

MELITA Strand THEATRE  
**APRIL 2023 MOVIE LISTING**  
For further information, movie requests & theatre bookings: visit our facebook page, or text 204-901-2017

Movie Title	Director	Cast	Runtime	Rating	Showtimes
Champions	Woolly Martorella	Champions	2 hrs, 4 mins	PG	April 7 • 7:30PM April 8 • 7:30PM
Dungeons & Dragons: Honour Among Thieves	David Leitch	Dungeons & Dragons: Honour Among Thieves	2 hrs, 14 mins	PG	April 14 • 7:30PM April 15 • 7:30PM
Jesus Revolution	James L. Newson	Jesus Revolution	2 hrs	PG	SAT. April 22 • 7:30PM SUN. April 23 • 7:30PM
The Super Mario Bros. Movie	Alexandre Aja	The Super Mario Bros. Movie	1 hr, 32 mins	PG	April 28 • 7:30PM April 29 • 7:30PM

\*MOVIES SUBJECT TO CHANGE\*

**Souris River Watershed District**

Landowner Workshop April 11, 2023 at the Pipestone Hall 10am to 3pm. **Please register by calling 204 877 3020 by April 6.** Lunch will be provided. No cost to Attend.

Presentations by:

1. Marissa Berard - Manitoba Important Bird Area Coordinator Red-headed Woodpecker and Eastern Whip-poor-will Conservation Champions program.
2. Jean Le Heiget – Product Manager Timac Agro The Nitrogen Cycle and Nitrogen Stabilizers
3. Shaun Anderson – Fencing Expert and Cameron Hodgins Grazing Mentor. AMP Grazing Benefits, Electric fencing principles, Grazing principles, Temporary fencing tips and tools and electric fencing Do's and Don'ts
4. SRWD staff upcoming watershed district programming for 2023-24.

**GROW** Growing Outcomes in Watersheds  
Funding provided by the Province of Manitoba

**PMH CAREER EXPO**  
Discover Health Care Careers!  
Meet our Staff & Bring your resume!

**VIRDEN**  
Tuesday, May 2  
12:30 pm to 7 pm  
Tundra Oil & Gas Place, Sunrise Banquet Hall  
900 Fifth Ave S.

**Enter to Win!**

**Treats** **Talk to our Staff** **Interactive Displays**

**STEP INTO THEIR SHOES!**

**HEALTHCARE PROVIDERS NETWORK** **careers.pmh-mb.ca** **PRAIRIE MOUNTAIN HEALTH**

**Chronic Disease Education Program**

**VIRTUAL CLASSES**

**Diabetes Class Series**

**Class #1 - Diabetes Essentials:** Learn what diabetes is, how it affects the body, and how to manage diabetes (including medications). This class provides the foundation for the next 2 classes and is recommended to be taken first.

**Class #2 - Eating for Diabetes:** Learn how to eat healthier to prevent or manage diabetes. Discover the truth about sugars and carbohydrates, reading food labels, and planning balanced meals.

**Class #3 - Physical Activity Essentials:** Learn how physical activity can help to manage diabetes and improve your overall well-being.

**Prediabetes Class**

This session will help participants understand what prediabetes is and to help identify lifestyle changes to improve your health and decrease the risk of progression to type 2 diabetes.

**Cholesterol Management**

This session will help participants understand what cholesterol is, the target levels for cholesterol and help identify lifestyle changes to improve heart health.

**Essentials of Blood Pressure Management**

This class will help you gain a better understanding of what blood pressure is, why high blood pressure is a concern, how to manage high blood pressure with the use of medication and lifestyle changes.

**DATES & TIMES**

**Diabetes Class Series**

- April 5, 12, 19 | 9:30am -11:30am
- May 10, 17, 24 | 9:30am-11:30am
- June 7, 14, 21 | 1pm -3pm

**Prediabetes Class**

- May 9 | 1:30pm -4:30pm

**Cholesterol/Heart Health**

- April 14 | 1:30pm -3:30pm
- May 5 | 1:30pm -3:30pm
- June 9 | 1:30pm -3:30pm

**Blood Pressure Management**

- April 27 | 10am -11:30am
- June 16 | 9:30am -11am

Join us virtually on Microsoft Teams (video conferencing over the internet)  
Equipment Needed: a computer, tablet or smart phone that can connect to the internet.  
To register call: 1-877-509-7852

**K-40 FISH FRY**  
**SATURDAY APRIL.22 @ 6:00PM**  
**LEGION LOUNGE**  
**\$20.00/TICKET**  
**1 SITTING ONLY**  
**LOT# 2023-5**



Public Reminders:

First quarterly utility billing will be due April 28th

April 2023						Deloraine/Boissevain On Call Schedule	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1 Deloraine	
2 Deloraine	3 Deloraine	4 Boissevain	5 Deloraine	6 Boissevain	7 Deloraine	8 Boissevain	
9 Boissevain	10 Deloraine	11 Boissevain	12 Deloraine	13 Boissevain	14 Boissevain	15 Deloraine	
16 Deloraine	17 Deloraine	18 Boissevain	19 Deloraine	20 Boissevain	21 Deloraine	22 Boissevain	
23 Boissevain	24 Deloraine	25 Boissevain	26 Deloraine	27 Boissevain	28 Boissevain	29 Deloraine	
30 Deloraine							
This schedule is subject to change If you need to phone the hospital, prior to presenting, please call: BOISSEVAIN HOSPITAL 204-534-2431 DELORAIN HOSPITAL 204-747-2243							